Best Practice 2

1. Title of the Practice: RUSA Finishing School "Training program to economically and socially backward final year students"

2.Objective of the Practice:

The aim of the FINISHING SCHOOL is to impart all around personality development of the economically and socially backward students and instruct them in specific skills necessary in today's world.

3.The Context:

Indian society suffers from substantial inequalities in education employment. In spite of the increase in overall educational levels, the skills required to be professionally successful are still far from what is expected. A finishing school training program is a platform for students that emphasize training for all round personality development, cultural and social activities. Specific skill sets are imparted as value addition. The name reflects that it follows school or college education and is intended to complete the educational experience. Finishing schools aim at the standard improvement of individuals leading to stability among theoretical studies and realistic job experiences.

Finishing Schools offer many benefits for students and some of the key benefits associated with this area consist of developing presentation skills, communication skill, confidence enhancement, leadership and team skill, interview tips, success traits, incorporating spirituality etc. Students who join these schools will get a unique opportunity to attain the perfect stability between both theoretical studies and realistic job exposure.

4. The Practices:

Every year final year students are enrolled for the training program and the programs are arranged during the late hours or after course completion without effecting their normal classes. The following activities are done in the training program:

- (i) Public Speaking
- (ii) Power Point Presentation
- (iii)Spoken English
- (iv) Resume Writing
- (v) Networking and Communication Skills
- (vi)Leadership and Team Skills
- (vii) Group Discussion
- (viii) Personal Interview
- (ix) Success Traits
- (x) Incorporating Spirituality

5. Evidence of Success:

Since its implementation, more than 190 students are successfully completed their training program on various soft skills. Feedback analysis after course revealed that students are found the course very valuable and they wish to recommend this course to other students. They wished to attend more such courses in future.

6. Problems Encountered and Resources Required:

- (a) The main challenge was to find time slots for the training program. Most of the students come from remote areas and they cannot attend classes during late hours.
- (b) Another major challenge was the engagement of resource person during the regular class hour. Most of the teacher remains busy with their normal class schedule during the regular working hours.

TRAINING PROGRAM REPORT

FINISHING SCHOOL

Training to Students

Of

Birjhora Mahavidyalaya

Under 'Equity Initiative' of RUSA, Assam

Conducted By

BIRJHORA MAHAVIDYALAY

26th, 27th & 28th September 2019



Executive Summary: Birjhora Mahavidyalaya was selected as one of the institutes to set up a FINISHING SCHOOL under the 'Equity Scheme' of RUSA, Assam.

The aim of the FINISHING SCHOOL is to impart all around personality development of the students and instruct them in specific skills necessary in order to make them ready to face the real world after leaving the college.

The "Training to Students "workshop was held at Birjhora Mahavidyalaya auditorium on 26th, 27th and 28th September 2019. The training program was for five hours (daily)from 8.30am to 1.30 pm. During this period various skills including computer basics as prescribed by the RUSA were taught to the students. Keeping in mind the importance of mental and physical fitness for students, Yoga was also introduced as a topic in this course.

The valedictory function was held at the end of the program. Certificates were handed out to the participants by the principal, Dr K K Sarma and faculty members.

Participants: Thirty Vth semester students from the general course of different departments of Birjhora Mahavidyalaya were given the opportunity to attend the course.

The program was formally inaugurated by Dr Ranu Roy in the presence of the trained teachers and student participants of the course.

The trainers imparted knowledge for different modules of the course.

Course Content

The course covered

- 1. Public Speaking
- 2. Spoken English
- 3. Personal Interview Tips and Resume Writing
- 4. Communication and Networking skills.
- 5. Leadership and Team Skills.
- 6. Group discussion
- 7. Computer Skills
- 8. Yoga training

Methodology

Lecture on various topics were given to the students. This was followed by interactive sessions and discussions. Ice breaking activities were conducted to make the students feel comfortable and make the training lively. Videos and PowerPoint presentations were shown. Personal SWOT analysis was done by the participants. The students took part in resume writing activity.

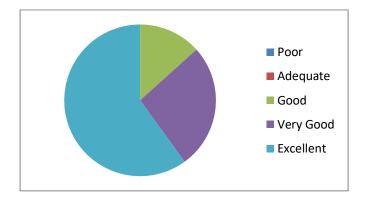
Students actively took part in the practical sessions. The students were evaluated, and their activities were analyzed by the trainers. A test was conducted on topics covered in sessions.

Yoga classes were held by an yoga instructor. The computer skills were taught in the computer laboratory with hands on training.

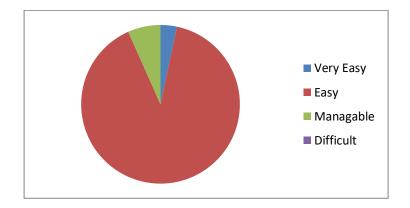
Feedback

At the end of the workshop feedback forms were distributed to the participants which were analyzed for further improvement of the course

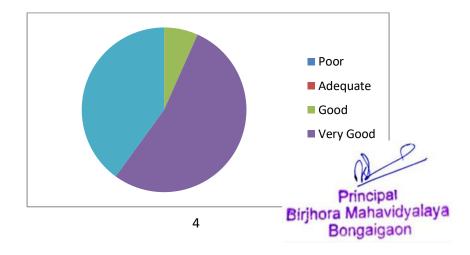
1. Response to the question on the range of topics during the course



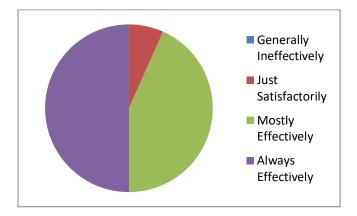
2 Response to the difficulty level of course content



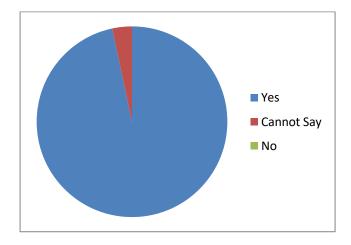
3 Response to the benefit of attending the course



4 Response to the communicative capabilities of the trainers towards the students



5 Response whether the course would be recommended to others



Suggestions and Comments from participants

- 1. The program should be extended to more classes and for a longer period At least 2 to 3 hours weekly should be devoted to finishing school classes.
- 2. Spoken English classes should be introduced as a module under RUSA.
- 3. Course should give us an idea about various



- **4.** The course was really motivating for us and improved our language, confidence and communication skills
- **5.** More student activities should be included.
- **6.** It was indeed a golden opportunity for us to learn many new things.
- 7. The course should be open to all students starting from 1st semester itself and continue during their student days.
- 8. Students should be given the chance to repeat these courses.
- 9. Course should cover topics for business skills

Dr Arundhati Mech

Coordinator, Training to Students Program Finishing School RUSA, Assam

PHOTO GALLERY





Public Speaking Activ

Yoga sessions









Computer Sessions











Spoken English Student Activity



Networking and Communication



Team Skill Lecture



Team Skill Student Act

Group Discussion





Valedictory Session





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- Annexures:
- Program Details
- List of Resource Persons
- List of Participants

Annexure i: Program Details

<u>Date</u>	<u>Time</u>	<u>Topic</u>	Activity	<u>Trainer</u>				
	08.30-09.30 AM	YOGA	Yoga	Instructor,Mr B J Das				
	09.30 – 10.30 AM	Computer skills	MS Word, Google	Mr. K. J. Nath				
			Doc.	Ms. Chayanika Roy				
	10.30-11.30 AM	Spoken English	PPT Talk, Practical	Mrs. B. Das				
00/00/40			sessions Evaluation					
26/09/19	11.30 – 12.30 PM	Communication &	PPT Talk &	Dr. B. K. Saha				
		Net working skills	Questionnaires and	Mr. Sanjib Baglari				
			test					
	12.30 -1.30	Ice Breakers	Team Activity	All Trainers				
	Lunch							
	08.30-09.30 AM	YOGA	Yoga	Instructor, Mr B J				
				Das				
	09.30 – 10.30 AM	Computer skills	MS Power Point.	Mr. M. Deka				
				Ms. Chayanika Roy				
09/2019	10.30-11.30 AM	Interview Tips and	PPT Talk, Practical	Mrs. B. Das				
09/2019		Resume Writing	sessions Evaluation	Mr. S. Baglari				
	11.30 – 12.30 PM	Team Skills and	Video & PPT	Dr. P Chakravarty				
		Leadership skills	Activity	Dr. H. K. Saud				
	12.30 -1.30	SWOT	Swot Analysis	Dr Arundhati Mech				
	LUNCH							
	08.30-09.30 AM	YOGA	Yoga	Instructor, Mr B J				
				Das				
	09.30 – 10.30 AM	Public speaking	PPT Talk, Practical	Dr. Ranu Roy				
			sessions.					
	10.30-11.30 AM	Group Discussion	PPT Talk, Practical	Dr. A. K. Deka				
28/09/2019			sessions	Dr. A. Mech				
	11.30 – 12.30 PM	Group Discussion	PPT Talk, Practical	Dr. A. K. Deka				
			sessions	Dr. A. Mech				
	12.30-1.30	Team Activity and		All Trainers				
		Valedictory						
	LUNCH							
			· Co					

Annexure ii :List of Resource Persons

- 1. Dr Ranu Roy
- 2. Dr Amal Deka
- 3. Dr Paresh Chakravarty
- 4. Mr Sanjib Baglari
- 5. Dr Arundhati Mech
- 6. Mrs Beauty Das
- 7. Dr H Saud
- 8. Ms Chayanika Das
- 9. Mr K J Nath
- 10. Mr Mrinmoy Deka
- 11. Mr B J Das

Annexure iii : List of Participants

Student's Attendance

RUSA FINISHIMA SCHOOL 2019

3 DAY WORKSHOP FOR BIRTHORA SCHONIOVARDA

STUDENTS.

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